

NEWCASTLE INDOOR SPORTS

CARDIFF JUNIORS NEWSLETTER

Welcome to our 3rd Newsletter

JUNIOR GROWTH

Our numbers are growing stronger every Friday with
now over 20 eager kids each week.
With the word out now we hope this number keeps growing.

FEES

Term for fees will be \$175 for the first child and \$85 for the second
child. This is a discount of 20% discount.
However you are welcome to pay weekly at \$20 1st child and
\$10 for the 2nd child.

WEBSITE

Cardiff Sports Centre now has a new website.
newcastleindoorsports.com.au and click on the Cardiff page.
Please keep an eye out for us and what we have been up to
coming soon to the site.

NEW PLAYERS

We would like to welcome the following new players to our ranks.
Sa Dixon, Caeden McNamara, Molly McNeil, Cheyeene Anderson,
Naomi, Carter & Cooper Boyd. We hope you all have fun and
enjoy learning to play Squash.

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CARDIFF

www.newcastleindoorsports.com

info@newcastleindoorsports.com

52 Ada St Cardiff

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ABOUT US

We meet every Friday from 4:30pm to 6:30pm
We have a warm up session, then fitness and technique session
and then we have practice matches against our fellow players.
Hopefully when our numbers grow we may start up a mini comp
made up of teams. So please help us achieve this by getting the
word out of how much fun we have.

COACHES

If you do not know them already we would like to introduce you to
our 3 great coaches.

Please meet Glenn Hagen. He has been helping us since
February 2014.

He also plays pennants at Cardiff in AO/Super Squash.
Please meet Chris Ho. He also has been helping us since
February 2014.

He plays pennants for Newcastle Uni in A2 and is a member of the
Newcastle Squash Rackets Ass committee.

Please meet Brendan Vaughan. He has only been with us for a
few weeks now and helps us with our fitness training.

Thank you for helping us grow.

We would also like to thank Shannon Boshard for his help as well.

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NEW SHIRTS

Shirts are available at the cost of \$20 which includes name on the back.

These take approx 3/4wks to get.

Please advise Chris, Tanya or Helen if you would like one.

SAFETY

We are all about safety here at Cardiff. So to keep our eyes safe we are required by the rules to wear Goggles.

They are for sale separately for \$29 - \$39

Or we have a Junior Pack available for \$99

which includes the following:-

Back Pack

Junior Racket

Goggles

Junior Ball

Please see Chris, Tanya or Helen

We are also on the lookout for any spare safety goggles that you may not be using that could be used as well.

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BIRTHDAY PAGE

JANUARY - Luke, Clair, Jared
FEBRUARY – Molly, Zac, Keegan, Harrison
MARCH –
APRIL – Carter, Angus, Oscar
MAY – Maisey
JUNE – Jesse, Cheyenne,
JULY – Sarah
AUGUST – Noah, Tom,
SEPTEMBER – Sa
OCTOBER – Caeden
NOVEMBER – Elliott
DECEMBER –

HAPPY BIRTHDAY TO YOU ALL

NEWCASTLE INDOOR SPORTS

TOURNAMENT/EVENT RESULTS

February saw Luke, Zac, Jesse and Clair head to Forster for the 1st round of the Hunter Junior circuit. Results, Luke 2nd A grade, Clair 3rd A grade, Zac 1st in B Grade, Jesse 3rd B grade.

March saw Luke, Zac, Jesse, Clair and in his first tournament Carter head to Wyong for the 2nd round of the Hunter Junior Circuit.

Results, Luke 2nd A Grade, Zac 1st B Grade, Jesse 5th B Grade, Clair 5th A Grade and Carter a great effort finishing 3rd in C Grade.

Hope to see more juniors attending the circuit as this will help you build confidence and strength. February also saw Zac, Jesse, Luke and Clair along with 24 other juniors from around the Hunter, Central Coast and Sydney regions attend the NSW State Junior Coaching Academy held at Cardiff.

Luke and Zac also attended the Willoughby Junior Open on 21st & 22nd March. Luke finished 5th out of 15 Under Div 3. Unfortunately Zac withdrew with an ankle injury.

WELL DONE TO YOU ALL

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UP COMING EVENTS

Hunter Junior Circuit

Sunday 19th April Old Bar

Sunday 17th May Cardiff

Sunday 19th July Gloucester

3rd to 6th April Australian Junior Squash Open

(Luke, Zac & Jesse attending and we wish them well)

23rd to 25th June NSW Combined High School Championships

RANKINGS

Please see our notice board for current rankings.

SUPPORT

We would like to thank everyone for their support
especially our Parents and Coaches

WE WOULD LIKE TO WISH YOU ALL
A VERY HAPPY AND SUCCESSFUL 2015

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